

St. Regis Signature Rituals

The St. Regis Afternoon Tea

Afternoon tea was introduced in the early 1800s by the Duchess of Bedford. Mrs. Astor subsequently embraced the tradition and brought it to New York society. This event was adopted at The St. Regis New York and has been a defining part of St. Regis stays ever since. Nestled in the heart of the lobby, The Lobby Lounge offers an elegant Afternoon Tea with exquisite pastries by our master chefs. Available daily 2:00 PM - 6:00 PM





The Art of Sabrage

Dating back to the battles of Napoleon Bonaparte, who famously opened champagne with his saber in both victory and defeat, the art of sabrage is the signature ceremony of the St. Regis Evening Rituals series. "Champagne- in victory, one deserves it; in defeat, one needs it." —Napoleon.

Witness the elegant ritual of The Art of Sabrage every evening at 6:30 PM at The Stage Bar & Lounge.



The Bloody Mary

The Bloody Mary was born in 1934 at The St. Regis New York's King Cole Bar, crafted by Fernand Petiot. First named the "Red Snapper," it remains the signature St. Regis cocktail.

The Wadi Tiwi Bloody Mary, inspired by Tiwi Valley, offers a bold fusion of local spices and frankincense—a true taste of Oman.

Available at The Stage Bar & Lounge.



Midnight Supper

St. Regis welcomes guests for exclusive and intimate Midnight Supper special events around the world, designed to honor the traditions of Caroline Astor.

The Lobby Lounge

Multiple cuisines

Nestled in the lobby's core, The Lobby Lounge embodies a haven for Afternoon Tea, blending an elegant ambiance with an array of exquisite delicacies and pastries crafted by our expert pastry chefs.

Operation Hours: Bakery Items: 8:00 AM - 7:00 PM Cake Shop: 8:00 AM - II:00 PM Breakfast: 8:00 AM - I2:00 PM Afternoon Tea: 2:00 PM - 6:00 PM Lunch & Dinner: 12:00 PM - I0:30 PM



SUMMER SHAKES COLLECTION 5.5 OMR Daily

Beat the heat in style with our refreshing new summer shakes—crafted with premium ingredients and bursting with seasonal flavors. Whether you're craving a classic favorite or something tropical and new, our chilled creations offer the perfect indulgence to keep you cool and satisfied all season long.

Timing: II:00 AM - II:00 PM



SIGNATURE DESSERTS 12 OMR Daily

Discover the art of dessert at The Lobby Lounge. Our Signature Collection features five uniquely crafted creations—each a celebration of flavor, beauty, and indulgence.

Timing: II:00 AM - II:00 PM



THE MORNING TABLE À-la-carte Daily

Wake up to the comforting aromas of freshly brewed coffee, golden croissants, hearty morning favorites, and our signature karak pancakes—perfectly prepared to start your day right.

Timing: 8:00 AM - I2:00 PM

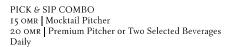






The poolside bar is a cozy haven for those seeking delicious bites and refreshing drinks. Offering a tempting menu of pasta, pizza, and light snacks, it caters to every craving while you soak up the sun.

Operation Hours: II:00 AM - 5:30 PM

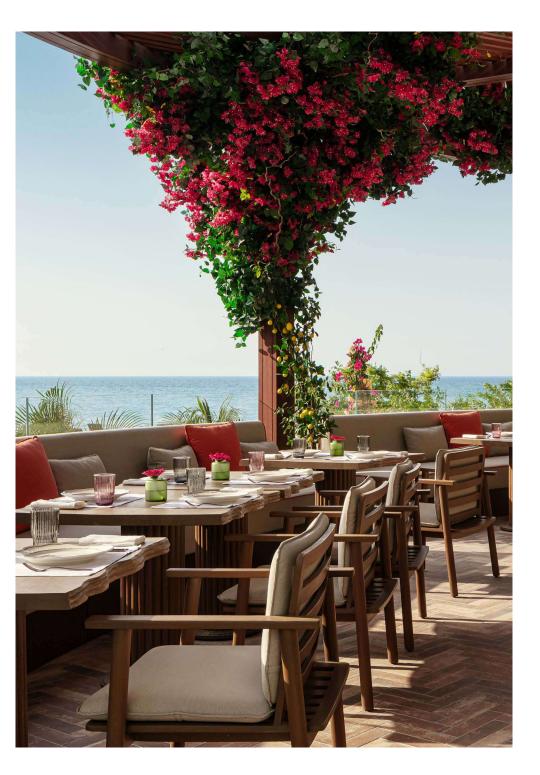


Choose any 2 dishes—Gyros, Hotdog, Pizza or Nachos—paired with a pitcher of your choice.

Timing: 12:00 PM - 5:00 PM



- Promotions are subject to change.
- Reservations are required.
- As per local guidelines, alcohol will not be available from 4th June at 6 PM until 7th June at 6 PM.
- · All prices in OMR, inclusive of service charge and taxes.





Greek

A vibrant gathering spot where we delight in serving Mediterranean-inspired lunch and dinner dishes by the mesmerizing seafront.

Operation Hours: Lunch: 12:30 PM — 3:30 PM Dinner: 6:30 PM — 12:00 PM

Please note, final orders must be placed by II:00 PM.



GYROS NIGHT À-la-carte Every Thursday

Indulge in a mouthwatering selection of authentic gyros, expertly prepared with the finest ingredients and bursting with bold Greek flavors.

As you dine, let the spirited melodies of a live Greek band transport you to the sun-drenched shores of the Aegean, where music, flavor, and celebration come together in perfect harmony. An unforgettable evening of culture, cuisine, and entertainment awaits.

Timing: 6:30 PM - 11:30 PM



HAPPY HOURS 9 OMR Daily

Savor a trio of mezze paired with two shots of Ouzo or one glass of premium beverage.

* This offer is not applicable on dry dates during Eid.

Timing: 5:00 PM - 7:00 PM

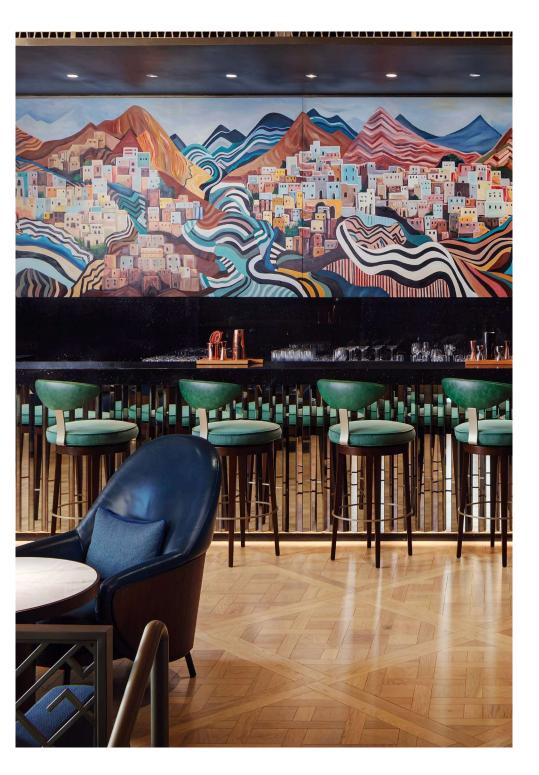


ZORBA SUNSET DINNER SET MENU 15 OMR Daily

A delightful 3-course menu paired with the spirit of Greek music. *Advance reservation is required.

Timing: 5:30 PM - 7:00 PM

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The Stage

International

The Stage Bar & Lounge offers an elegant setting for an exceptional evening, with creatively crafted beverages by our in-house mixologist and a sophisticated cigar lounge.

Operation Hours: Weekdays: 5:00 PM = 3:00 AM Weekends: 4:00 PM = 3:00 AM





ANTHONY ON STAGE Monday to Saturday

Experience the fine tunes of Anthony — an unforgettable evening at The Stage Bar & Lounge.

Timing: 7:30 РМ onwards



SUSHI NIGHT (SHARING MENU) 28 OMR for two Every Wednesday

Fresh rolls, fine vibes. It's sushi o'clock.

Timing: 7:00 PM - II:00 PM



TAPAS NIGHT 20 OMR Every Friday

Indulge in three exquisite tapas, one selected beverage from our curated menu, and the soulful sounds of live music.

Timing: 7:00 PM - 11:00 PM



HAPPY HOURS Daily

Buy one drink, enjoy the second on us.

Timing: 4:00 PM - 6:00 PM

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- Reservations are required.
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KARIBU

Middle Eastern

Inspired by the historic spice route, Karibu offers a vibrant breakfast and dinner experience with a fusion of Omani, Zanzibari, and Indian flavors.

Operation Hours:

Breakfast: Weekdays, 7:00 AM – 11:30 AM Breakfast: Weekends, 7:00 AM - 12:30 PM

Dinner: 6:30 PM - 11:00 PM

MOMMY & ME MASTERCLASS

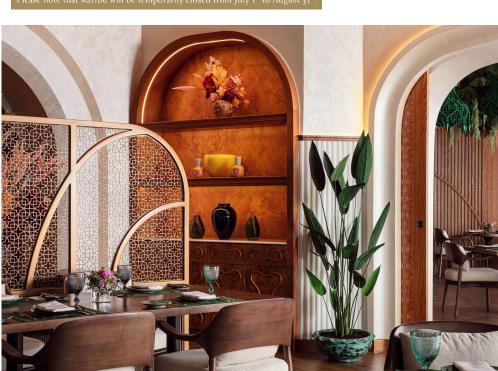
20 OMR

Every Saturday in June 2025

Roll up your sleeves and bond over flour and fun! In this hands-on session, moms and little chefs will learn to mix, shape, and cook delicious flatbreads together. A tasty and joyful experience made for making memories.

Timing: 4:00 PM - 5:00 PM

For reservations, dial extension 0 or call +968 2271 1111









Middle Eastern

Step into a realm of culinary splendor at Em Sherif Restaurant, where Lebanese traditions unfold with a timeless touch and flair. We invite you to embark on a culinary journey, where each dish is a tribute to the art of Lebanese dining.

Operation Hours: Daily 1:00 PM - 11:30 PM

LIVE ENTERTAINMENT Thursday and Friday

Experience the soulful charm of Lebanon with live Oud and Qanoon music, as talented musicians fill the restaurant with enchanting melodies that celebrate the rich heritage and timeless spirit of the Levant—creating the perfect ambiance for an authentic and elegant dining experience.

Timing: 9:00 PM - 12:00 AM



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- Reservations are required.
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Italian

A truly cosmopolitan experience for the most discerning of culinary crowds with a desire for an authentic, thoughtful and contemporary Italian fine dining experience.

Operation Hours:

Thu — Sat: I:00 PM — I:00 AM Sun — Wed: 5:00 PM — I:00 AM



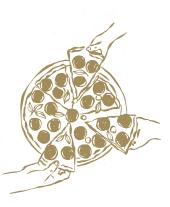






Immerse yourself in the vibrant music of the Levant.

Timing: 9:00 PM - 1:00 AM





THE 90'S INSPIRED BRUNCH 35 OMR | Sober Bar 49 OMR | House Pouring Every Saturday

Step back in time and savor the flavors of Italy with a playful 90s twist. Think wood-fired pizzas, creamy pastas, and vibrant antipasti—served alongside nostalgic hits from the golden era of pop.

Timing: 1:00 PM - 4:00 PM



LIVE DJ SETS Tuesday to Saturday

Timing: 10:00 PM onwards

- Promotions are subject to change.
- Reservations are required.
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Latin American

Beyond a restaurant, it's a global luxury destination embodying Latin American culture with authentic Peruvian cuisine, innovative Pisco drinks, and vibrant events.

Operation Hours: Poolside Sunset Hours: 4:00 PM – 6:00 PM Daily: 6:00 PM – 12:30 AM

Please note that COYA will be temporarily closed from July 15th to August 15^t





PRIME SUPPER

15 OMR | I Appetizer + I Main 18 OMR | I Appetizer + I Main + I Dessert Sunday to Thursday

Timing: 6:30 PM - 8:30 PM



CEVICHE MASTERCLASS 39 OMR Last Saturday of every month

Join us for our Ceviche Masterclass with a special lunch and mixology session.

Timing: I:00 PM - 4:00 PM



LIVE DJ SETS Wednesday to Saturday

Dance the night away with us! Let the beats move you as you enjoy a night of unforgettable music, delicious dining and vibrant energy.

Timing: 9:00 PM onwards

- Promotions are subject to change.
- Reservations are required.
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Cantonese

Hakkasan celebrates modern Cantonese cuisine through traditional techniques, the finest ingredients, and contemporary flair.

Operation Hours: Sun—Tue: 6:00 PM — 1:00 AM Wed—Sat: Dinner, 6:00 PM — 1:00 AM







TASTE OF HAKKASAN 28.8 omr Daily

Discover our specially curated Taste of Hakkasan menu, a seamless exploration of modern Cantonese cuisine

Enjoy a 4-course menu of signature sharing dishes, paired with two premium beverages of your choice. Water, soft drink, and coffee or tea are included.

Timing: 6:00 PM - 8:00 PM



CANTONESE TREASURES 9.8 OMR | 3 Baskets 14.8 OMR | 5 Baskets Starting August 1st, 2025 | Friday and Saturday

Experience the alluring flavors in every layer with our handcrafted dim sum, where each bite reveals intriguing tastes and textures.

Timing: 12:00 PM - 4:00 PM



HAKKATINI NIGHT

14.8 OMR | two drinks of your choice + small bites Starting July 1st, 2025 | Daily

Inspired by Hakkasan's award-winning mixologists, guests can experience exclusive fusions and rare ingredients at Hakkatini Night. Enjoy two handcrafted cocktails paired with small bites from our selected menu.

Timing: 6:00 PM - 9:00 PM



CANTONESE JOURNEY 18.8 omr Daily

A specially curated menu using seasonal ingredients from local farms and fisheries.

Timing: 6:00 PM onwards

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- Reservations are required.
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NOVIKOV

Mediterranean

Novikov Café stands as an internationally acclaimed Mediterranean brasserie, where the freshest local ingredients meet the finesse of French culinary methods. This sought-after destination is cherished for offering an exceptional dining experience.

Operation Hours: Breakfast 10:00 AM – 12:00 PM Lunch & Dinner 12:00 PM – 12:00 AM





HAPPY HOURS Sunday to Thursday

Enjoy selected beverages at a special rates and savor the moment with a perfectly crafted cocktail.

Timing: 4:00 PM - 7:00 PM



SPECIAL SET MENU (3 COURSE) 24 OMR Daily

Specially curated 3-course set menu including an appetizer, main course and dessert for lunch or dinner.

Timing: 12:00 PM - 3:00 PM 6:00 PM - 10:00 PM



TASTE OF RUSSIA 38 OMR Every Sunday

Indulge in an exquisite tasting menu showcasing the flavors of Russia.

Timing: 6:00 PM - 10:00 PM

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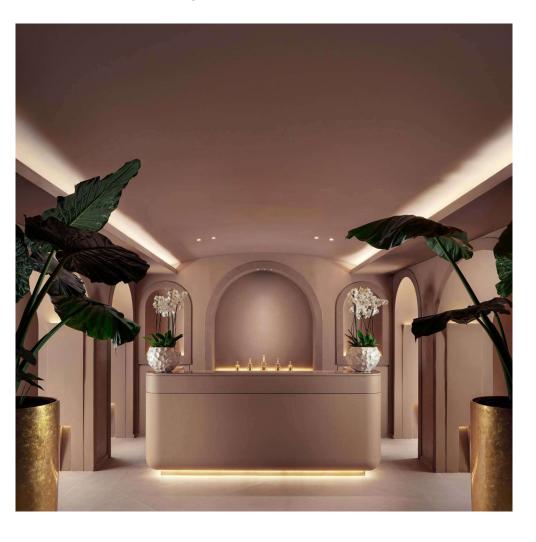
GUERLAIN

Welcome to the Guerlain Spa—your haven of refinement and rejuvenation. Our signature treatments blend tradition and innovation, crafted to enhance your well-being. Unwind in one of 11 treatment rooms, including two couple suites, and enjoy steam rooms and saunas in our serene wet facilities for both ladies and gentlemen.

Warm regards,

Pannisa Kosasaeng Director of Guerlain Spa.

Operation Hours: 10:00 AM - 10:00 PM





L'Heure Dorée

Guerlain presents Rendez-Vous: L'Heure Dorée, a limited -edition 2025 Bee Bottle blending rose and sandalwood in a warm, woody-ambery scent inspired by the golden hour.

Wrapped in purple velvet and adorned with pearls, its design echoes the elegance of Arab architecture. Only 2,095 pieces exist worldwide—just one is available in Oman.

Available exclusively at Guerlain Spa

- 125 ml Bee Bottle & 30 ml Spray
- 499 OMR net



Royal Honey Repair & Renew I HR 30 • 115 OMR

The Abeille Royale range offers all the healing benefits of bee products. By combining fine rice powder exfoliation with a purifying massage using warm plant-infused pouches, it intensely repairs and smooths the epidermis for a rested and luminous face. A true youth catalyst that acts on key skin reconstruction processes for a smoothing and firming effect.



Tailor-made Treatment I HR/I HR 30/2 HR • 80/II0/I40 OMR

A tailor-made facial treatment to create. Following a complete diagnosis, the Beauty Expert creates perfect blends to meet the needs of your face. Purifying, hydrating, re-densifying or regenerating, a treatment with infinite customization.

*Prices are excluding tax and service charge

The Fit Lounge

WEEKLY GROUP CLASSES

Saturday
Strength & Conditioning
2:00 PM - 3:00 PM
Venue: Mixed Gym

Sunday
Flexibility & Mobility
2:00 PM - 3:00 PM
Venue: Mixed Gym

Monday CrossFit 2:00 PM – 3:00 PM Venue: Mixed Gym

Tuesday Mat Pilates 2:00 PM – 3:00 PM Venue: Mixed Gym Wednesday
BLT Workout
(only for ladies)
2:00 PM – 3:00 pm
Venue: Female Gym

Thursday
Endurance Training
2:00 PM - 3:00 PM
Venue: Mixed Gym

Friday Yoga 5:00 PM — 6:00 PM Venue: Meeting Room 1st Floor

FULL MOON YOGA

Date	Time
Wednesday II th of June, 2025	6:00 РМ – 7:00 РМ
Friday 11 th of July, 2025	6:00 РМ — 7:00 РМ
Saturday 9 th of August, 2025	6:00 РМ – 7:00 РМ

For reservations, dial extension 4020 or WhatsApp +968 9663 0831



Coastal Discoveries

Discover our curated selection of activities this month



While staying at our resort you can enjoy a wide range of activities and excursions designed to create unforgettable experiences. We offer exciting options such as kayaking and paddleboarding—ensuring fun and adventure for all.

Beyond these watersports, we also offers a variety of excursions along the shores of Muscat, including:

- Daymaniyat Island Tours: Visit these stunning islands, renowned for their natural beauty and biodiversity.
- Fishing Trips: Try your hand at catching local fish.
- Dolphin Watching: Enjoy the thrill of spotting playful dolphins.
- Snorkeling: Discover the vibrant marine life of Oman.
- Scuba Diving: Explore the rich underwater world of Oman.
- Sunset Cruises: Experience the serenity of a sunset over the Arabian Sea.
- Private Beach Setups: Unwind on a secluded beach with full amenities.

For more information or reservations, visit the watersports cabana located on the beachfront or dial o for the Butler Service Desk.

Family Traditions

Family Traditions at St. Regis offers engaging activities and thoughtful experiences tailored to younger guests and their families. This signature program gives travelers of all ages the opportunity to explore their destination and celebrate the art of play.

- Children Club The Adventure Hub:
- -We welcome children between 4-12 years old.
- -Facilities:Games & TV area, Art & Craft Corner, Reading Corner, Kids pool.

Operation Hours: 10:00 AM - 7:00 PM

For reservations, please dial extension 2770



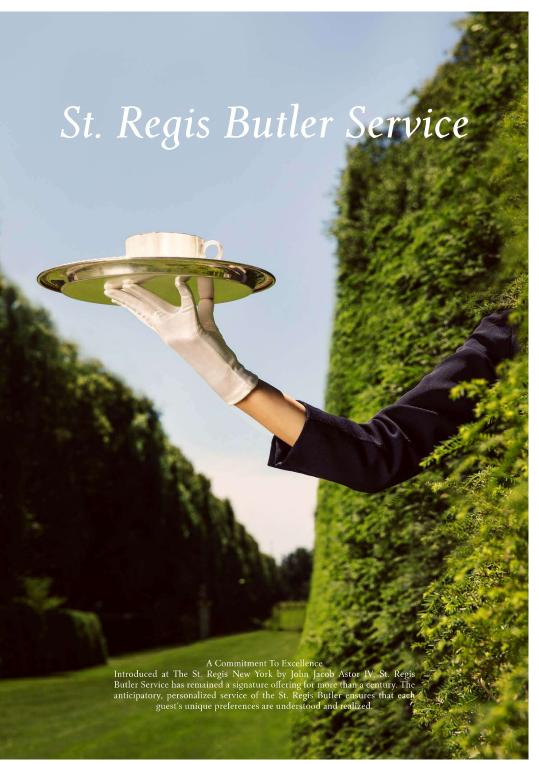


The Adventure Hub Activities

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
I0:00 – I2:00	Watermelon Fan Crafts	Paper cup Wind Will	Cloud Rainbow	Funny Paper Snail Crafts	Caterpillar Crafts	Dragon Fruits Crafts	Orange Crafts
12:00 – 14:00	Free Play	Free Play	Free Play	Free Play	Free Play	Free Play	Free Play
14:00 – 15:00	Rainbow Popup	DIY Cocktail	Fruit Banner	DIY Pineapple	Cute Cheery Crafts	Pomegranate Crafts	Strawberry Crafts
15:00 – 16:00	Monopoly	UNO	Lego Competition	Sand Castle	Dominos	Freeze Dance	Bracelet Time
16:00 – 17:00	Summer Coloring	Shells Arts	Clay Arts	Shining Arts	Summer Painting	Shells Arts	Summer Coloring
17:00 – 18:45	Evening Ritual	Evening Ritual	Evening Ritual	Evening Ritual	Evening Ritual	Evening Ritual	Evening Ritual

For more information, dial extension 2770 or visit The Adventure Hub on the ground floor next to Zorba.







Service Offers:

- Packing Services: Contact our Butler Desk to assist you with the packing or unpacking.
- Beverage Service: This service includes wake-up calls, curtain drawing, coffee or tea delivery, and daily newspaper or weather updates.
- Garment Pressing: Complimentary pressing up to two garments per night per person.
- Service Desk: Whatever the request, guests may dial The St. Regis Butler Service from their rooms.
- E-Butler Services: Available 24/7, we are ready to assist you at any hour. Please send your request via WhatsApp to +968 9663 0788 or dial 0 and let us take care of the rest.

Follow us @stregismuscat



#LiveExquisite

