



## SPORT RESET

Indulge in a rejuvenating 7-day Sports Reset experience, encompassing invigorating gym sessions, revitalizing spa treatments, and exclusive access to our state-of-the-art facilities, promising a week of unparalleled relaxation and wellness.

Including:

- Nutritional Consultation
- Resting Metabolic Rate Assessment
- Cardiorespiratory Fitness Assessment
- 6 Whole-Body Cryotherapy Treatments at -110°C
- 3 Hydro-Aromatherapy Treatments
- 3 Phyto-Mud Treatments
- 3 Hydro-Jet Treatments
- Bio-Energetic Check-Up
- 3 Acupuncture Treatments
- 3 Chenot Connective Tissue Massages
- Access to our gym, indoor spa pool, wet facilities and amenities.

EUR 1.800

value of EUR 2.790

Subject to 10% service charge

Promotion available until 31 May 2024

chenot.espace@oneandonlyportonovi.com +382 31 691 099 | +382 31 691 001



## SPORT REBALANCE

Embark on a journey of holistic well-being with our Sports Rebalance package, spanning seven days of tailored fitness regimens, therapeutic treatments, and access to our premium spa and gym facilities, ensuring a harmonious blend of physical revitalization and mental rejuvenation.

Including:

- Nutritional Consultation
- Resting Metabolic Rate Assessment
- Postural and Movement Assessment
- Neuromuscular Activation Treatment
- 6 Whole-Body Cryotherapy Treatments at -110°C
- 3 Hydro-Aromatherapy Treatments
- 3 Phyto-Mud Treatments
- 3 Hydro-Jet Treatments
- Bio-Energetic Check-Up
- 3 Acupuncture Treatments
- 3 Chenot Connective Tissue Massages
- Access to our gym, indoor spa pool, wet facilities and amenities.

EUR 1.800

value of EUR 2.790

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## NUTRITIONAL RETREAT

Immerse yourself in a revitalizing 2 day Nutritional Retreat, where you'll uncover personalized insights through a comprehensive food intolerance test, master the art of healthy cooking, find out about your body composition, undergo mineral and heavy metal analysis, all while enjoying the exclusive use of our gym, spa, indoor pool facilities, and amenities for a wellness journey that nurtures both body and mind.

Including:

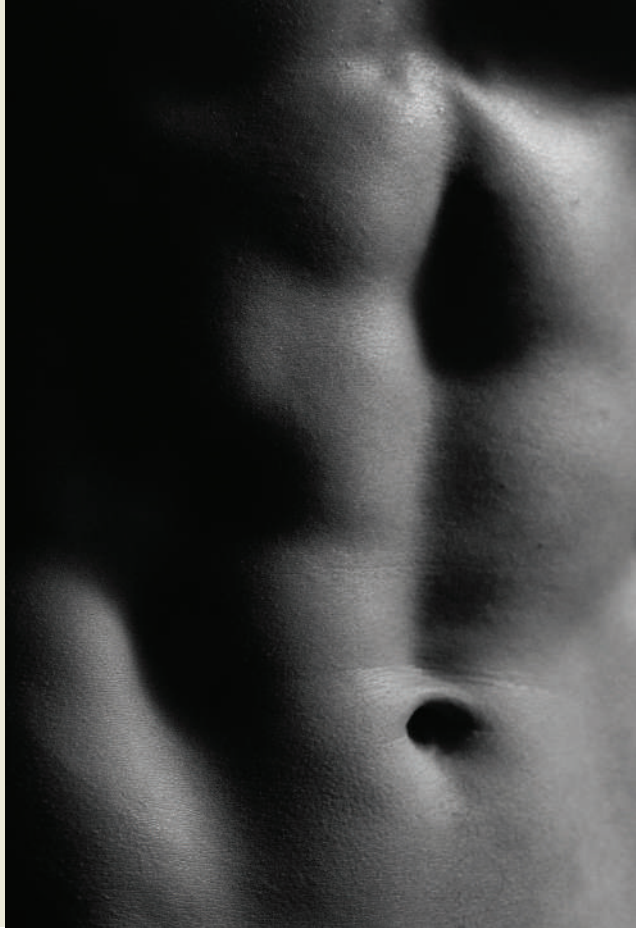
- Food Intolerance Test
- Resting Metabolic Rate Assessment
- Body Composition Analysis
- Cooking Class with Recipes
- Nutritional Consultation
- Measurement of Advanced Glycation End Products
- Minerals and Heavy Metals Analysis
- Access to our gym, indoor spa pool, wet facilities and amenities

EUR 850

value of EUR 1.150

Subject to 10% service charge

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## IMMUNITY BOOST

Revitalize and empower your immune system with our 7-day Immunity Boost package. Detoxify your body, ignite your energy, and experience the rejuvenating effects of ozone therapy. This comprehensive journey includes immune-enhancing treatments, and access to our spa facilities, offering a holistic approach to wellness that leaves you feeling refreshed and resilient.

Including:

- Medical Consultation
- 3 Ozone Therapy Systematic Applications
- 3 Intravenous Nutrient Therapies
- 4 Whole-Body Cryotherapy Treatments at -110°C
- Hydro-Colon Treatment
- 3 Chenot Detox Body Massages
- 3 Hydro-Aromatherapy Treatments
- 3 Phyto-Mud Treatments
- 3 Hydro-Jet Treatments
- Access to our gym, indoor spa pool, wet facilities and amenities

EUR 1.950  
value of EUR 2.970  
Subject to 10% service charge

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